

Socialization: Crash Course Sociology #14

What do you, as you're watching me right now, have in common with a toddler who's being read a bedtime story? I'll give you a clue. It's also something you have in common with the kids in *The Breakfast Club*. As well as with a soldier going through boot camp. Give up? You're all being socialized. It's also the title of the episode, you probably saw that. Each of us is surrounded by people, and those people become a part of how we act and what we value. This is known as socialization: The social process through which we develop our personalities and human potential and learn about our society and culture.

Last time, we talked about the "How" of socialization, How we learn about the social world? And no matter which of the many theories out there that you like best, the answer seems to be that we're socialized by interacting with other people. But which people? What we didn't talk about last week was the "Who" of socialization, Who do we learn about the social world from? What people, and what institutions have made you who you are today? [Music].

Socialization is a life-long process, and it begins in our families. Mom, Dad, grandparents, siblings, whoever you're living with is pretty much your entire social world when you're very young. And that's important because your family is the source of what's known as primary socialization. Your first experiences with language, values, beliefs, behaviors, and norms of your society. Parents and guardians are your first teachers of everything, from the small stuff like how to brush your teeth to the big stuff like sex, religion, the law, and politics. The games they play with you, the books they read, the toys they buy for you, all provide you with what French sociologist Pierre Bourdieu called cultural capital the non-financial assets that help people succeed in the world. Some of this cultural capital may seem fairly innocuous. I mean, is reading *Goodnight Moon* really making that big of an impact on a toddler? Yes, actually. It teaches the "value" of reading as much as it helps the child begin to recognize written language. The presence of books in the home is associated with children doing well in school.

Another important form of socialization that starts in the home is gender socialization, learning the psychological and social traits associated with a person's sex. Gender socialization starts from the moment that parents decide on a gendered name and when nurses put a pink or a blue hat on the baby. Other group memberships, like race and class are also important parts of initial socialization. Race socialization is the process through which children learn the behaviors, values, and attitudes associated with racial groups. Racial discrimination is partly the result of what parents teach their children about members of other races. And class socialization teaches the norms, values, traits, and behaviors you develop based on the social class you're in. This may help explain why more middle- and upper-class children go to college. Not only can the families afford to send them, but these children are expected to attend. They grow up in a home that normalizes college attendance.

Now, gender, race, and class socialization are all examples of anticipatory socialization. That's the social process where people learn to take on the values and standards of groups that they plan to

join. Small children anticipate becoming adults, for example, and they learn to play the part by watching their parents. Gender socialization teaches boys to “be a man” and girls to “be a woman”. But children also learn through secondary socialization, that’s the process through which children become socialized outside the home, within society at large. This often starts with school. Schools are often kids’ first introduction to things like bureaucracies, as well as systems of rules that require them to be in certain places at certain times or act in ways that may be different from what they learned at home. Not only do schools teach us the three R’s: Reading, wRiting, and aRithmetic, but they come with what sociologists call a hidden curriculum, that is, an education in norms, values, and beliefs that are passed along through schooling. Take, for example, a spelling bee. Its main goal is to teach literacy and encourage kids to learn how to spell. But something as seemingly benign as a spelling bee can have many hidden lessons that stick with kids, too. For example, it teaches them that doing better than their peers is rewarding and it enforces the idea that the world has winners and losers.

Another hidden curriculum of school in general is to expose kids to a variety of people. When your only socialization is your family, you just get one perspective on race, class, religion, politics, et cetera. But once you go out into the world, you meet many people from many backgrounds, teaching you about race and ethnicity, social class, disability, gender and sexuality, and more. School becomes not just a classroom for academic subjects, but also for learning about different kinds of people. And, of course, schools are also where kids are exposed to one of the most defining aspects of school-age life: peer groups. Peer groups are social groups whose members have interests, social position, and usually age in common. As you get older, your peer group has a massive impact on the socialization process. Let’s go to the Thought Bubble to see just how big that impact can be. In the late 1950s, American sociologist James Coleman began studying teenagers, how they interacted and how their social lives affected their education. He interviewed teens in 11 high schools in the Midwest, asking them questions about what social group they identified with and who else they considered members of their group.

Based on these interviews, Coleman identified four main social categories. And, uh, the names of these categories will probably sound familiar to you: They were nerds, jocks, leading crowd, and burnouts. Basically, he discovered the 1950s version of *The Breakfast Club*. And with these social categories came social prescriptions. Behaviors that were expected of people in those groups. Coleman found that certain things were important to the members of certain groups, like being a good dancer or smoking or having money or getting good grades. He also tested the students’ IQs and assessed their grades. And surprise! It turned out that who you hung out with affected how well you did in school. In some of the schools, getting good grades was considered an important criterion for the leading group, AKA the popular kids. But in other schools, it wasn’t. And in the schools where good grades were not a sign of popularity, students who scored high on IQ tests actually did worse on their exams than similarly smart students at schools where good grades made you popular. Thanks, Thought Bubble!

Now, Coleman’s study might seem like common sense. Of course you and your friends are gonna be pretty similar. Don’t we choose to be friends with people who are like us? Well, not entirely. Coleman’s study showed that we don’t just pick peer groups that fit into our existing traits, instead,

peer groups help mold what traits we end up with. Okay, so far, we have family, schools, and peers as the main forces that influence someone's socialization. But what about me? Yes, me, Nicole Sweeney. Am I part of your socialization? Or more precisely, are YouTube videos considered a form of socialization? Short answer: yes! Long answer: The media you consume are absolutely a part of your socialization. TV and the internet are huge parts of Americans' lives. And how we consume our media is affected by social traits, like class, race, and age. A teenager or 20-something in 2017 is much more likely to watch online media, like Netflix or YouTube, than television. And low-income Americans watch much more TV than their higher-income counterparts. The media we consume also impact us dramatically. The American Academy of Pediatrics, for example, has said there are connections between excessive television viewing in early childhood and cognitive, language and social-emotional delays. But TV can also influence the attitudes of viewers, especially young ones. For example, studies have found that kids exposed to Sesame Street in randomized-controlled trial settings, reported more positive attitudes toward people of different races, most likely a result of the program's wide variety of characters from different racial and ethnic backgrounds.

TV also affects us well beyond childhood. One recent study found that MTV's "16 and Pregnant" may have acted as a cautionary tale, helping to change teen girls' attitudes toward birth control and contributing to declining rates of teen pregnancy. So far, the types of socialization we've talked about have been fairly subtle, but there are also more intense types of socialization. Total institutions are places where people are completely cut off from the outside world and face strict rules for how they must behave. First coined by sociologist Erving Goffman, the term "total institution" refers to places like the military, prisons, boarding schools, or psychiatric institutions that control all aspects of their residents' lives, how they dress, how they speak, where they eat, where they sleep. And in a total institution, residents undergo resocialization, where their environment is carefully controlled to encourage them to develop a new set of norms, values, or beliefs. They do this by, basically, breaking down your existing identity and then using rewards and punishment to build up a whole new you. Think about every boot camp movie you've ever seen. All soldiers are given the same haircut and uniform, expected to reply to questions in the same way, put through the same grueling exercises, and humiliated by the same officer. This process re-socializes the soldiers to put extreme value on their identity within the group, making them more willing to value self-sacrifice if their unit is in danger. So whether you're GI Jane training for a reconnaissance team or Molly Ringwald trying to maintain her queen-bee status in the leading crowd, the you that you are has been powerfully shaped by people and institutions. Now, think back on your own life, who has been the biggest influence on your socialization? Who do you think that you yourself have influenced? Hard questions to answer, maybe, but definitely worthwhile, and hopefully a little easier now that you've learned how sociologists think about it.

Today, we learned about five different types of socialization. We talked about anticipatory socialization from your family, like gender norms, that prepare children for entering society. We discussed the hidden curriculum in schools. We learned about peer groups through a look at James Coleman's study of teenage social groups. We explored the role of media in socialization. And finally, we talked about total institutions and how they can act as a form of re-socialization. Crash Course Sociology is filmed in the Dr. Cheryl C. Kinney Studio in Missoula, Montana, and it's made with the help of all of these nice people. Our animation team is Thought Cafe and Crash Course is made with Adobe Creative Cloud. If you'd like to keep Crash Course free for everyone, forever, you can support

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